

THE ROWLEY BRISTOW GROUP
HOSPITAL MANAGEMENT COMMITTEE

(South-West Metropolitan Region—Group No. 16)

THE ROWLEY BRISTOW
ORTHOPÆDIC HOSPITAL
PYRFORD, NR. WOKING, SURREY

FOURTH ANNUAL REPORT

Year

April 1st, 1953 — March 31st, 1954

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HOSPITAL MANAGEMENT COMMITTEE
(as at 30th September, 1954)

Chairman:

†Dr. V. GODSALVE WARD, M.D.(LOND.), M.R.C.S., L.R.C.P.

Vice-Chairman

Chairman of Finance Committee:

G. H. H. COCKRAM, ESQ., M.A.

Chairman of Medical Advisory Committee:

R. J. FURLONG, ESQ., F.R.C.S.

Members:

J. ATKINSON, ESQ.

E. P. BROCKMAN, ESQ., M.CHIR., F.R.C.S.

H. S. CAWSEY, ESQ., J.P.

A. H. CLARKE, ESQ.

Mrs. E. LEACH, M.B.E., J.P.

C. A. G. McLAGAN, ESQ.

Mrs. M. MITCHNER

*PROFESSOR G. PERKINS

†Mrs. F. ROWLEY BRISTOW

*F. A. SIMMONDS, ESQ., F.R.C.S.

†W. R. VAUGHAN, ESQ., O.B.E.

Secretary and Finance Officer:

A. R. NEWTON, F.H.A.

(also Secretary-Supt. of Hospital)

† Signifies Governor of Hospital Special School.

* Member of Medical Advisory Committee.

Consultant and Senior Medical and Surgical Staff:

PROFESSOR G. PERKINS, M.C., M.A.(OXON), M.CH., F.R.C.S. (HONORARY).

R. J. FURLONG, M.B., B.S., F.R.C.S.

F. A. SIMMONDS, B.A. (CANTAB.), M.B., B.CH., F.R.C.S.

A. G. APLEY, M.B., B.S., F.R.C.S.

Consultant Anaesthetists:

J. GORDON, M.A., F.F.A.R.C.S., D.A.

E. McC. GIBSON, M.B., B.CH., B.A.O., D.A.

Senior Registrar:

D. R. URQUHART, M.B., B.S., F.R.C.S.

Registrar:

R. A. DENHAM, F.R.C.S.

Senior House Officers:

Two Resident.

Medical Officer:

T. T. HARDY, B.A. (OXON), B.M., B.CHIR.

Dental Surgeon:

O. P. O. CROSS, L.D.S., R.C.S.(ENG.)

Matron:

Miss E. M. GUY, S.R.N.

Chaplain:

Rev. R. T. INGRAM-JOHNSON

THE ROWLEY BRISTOW ORTHOPÆDIC
HOSPITAL

FOREWORD BY CHAIRMAN

As can be seen below the hospital has had to deal with increased activity in all departments.

The out-patients' department accommodation is an urgent problem. The waiting time for appointments is too long and it is a bad thing that the number of consultations should have to be limited owing to insufficient facilities, as one likes to take all and sundry as quickly as one can. I feel that the time has come when this matter should be made an urgent one with the Regional Board.

The whole of the inside and outside of the hospital has been redecorated with, I think, the minimum of interference with the working of the hospital. I should like to thank the staff for putting up with any inconvenience caused with such good grace.

May I also thank the Hospital Management Committee for their support and consideration at all times.

V. GODSALVE WARD,
Chairman.

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Committee Membership

Since the last report the following members completed their term of office and were re-appointed:—

Mr. H. S. Clawsey
Mr. A. H. Clarke
Mr. C. A. G. McLagan
Mrs. E. Leach.

In addition a vacancy for the period ending March, 1955, was filled by the appointment of Mrs. A. L. M. Barraclough, of West Byfleet, who had been a member of the former Committee of Management and has been actively associated with the hospital for many years as Red Cross Welfare Officer, in which capacity was included the organising of the Canteen Trolley service. A second vacancy, for the period ending March, 1956, was filled by the appointment of Mrs. M. Mitchiner, of Reigate. Mrs. Mitchiner is also a member of the Board of Governors of St. Thomas's Hospital, and a member of the Redhill Group H.M.C.

Senior Medical Staff

There have been no changes in the membership in the present year.

An article in the Post-graduate Medical Journal entitled "Flat Foot," was contributed by Mr. A. G. Apley.

In July the Royal College of Surgeons approved the Senior House Officers' posts here as being suitable for training for the F.R.C.S.

Nursing Staff

The number of staff remained short of establishment, the chief difficulty continuing to be the lack of staff nurses.

Examination results during the year were:—

Orthopædic Nursing Certificate: 21 entered 19 passed
(1 with honours)

Of these

1 went to St. Thomas's Hospital for physiotherapy training,
10 to St. Thomas's for general training

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Patients

The usual full medical statistics and detail follow later in the report and together with what is said below afford evidence of a year of increased activity.

The average daily number of in-patients was 151, a slight increase on the previous year, but in addition the average length of stay was a definite decrease indicating a greater number of admissions and discharges. This was accomplished in spite of the difficulty of arranging the discharge of elderly fracture cases which was mentioned in last year's report.

Out-Patients

The numbers continue to grow and an additional clinic has been arranged. The accommodation problem mentioned before and especially in last year's report remains. A modest scheme of adaptation offering some alleviation pending a permanent scheme was submitted to the Regional Board but was deferred because of the lack of money available for capital works. This alleviating scheme provided, *inter alia*, the almoner's department being removed to an adjacent storeroom with suitable alterations and the merging of the former office space into the medical office. This part of the work was arranged to be carried out by our own staff and was in fact done outside the period of this report.

Visiting to Children's Wards

When the Management Committee considered the view and recommendations of the Ministry of Health as circulated to all hospitals throughout the country it was decided that the informal and flexible rules on visiting here would be extended to allow daily visiting for children. The change has worked quite satisfactorily and without inconvenience; in fact, as was anticipated, the wide area from which our patients are received and our semi-rural situation has meant that visitors are never numerous except on our original week-end visiting days.

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5 to St. George's Hospital

1 to Royal Hants. County Hospital, Winchester
and 1 to Norfolk & Norwich General Hospital.

Three of the candidates were already State Registered Nurses.

Other Staff

The appointment of almoner became vacant early in the year and difficulty was experienced in attempts to fill the post. In consequence, the duties were re-organised and a substantial part was taken on by the Medical Office with some increased clerical assistance. An appointment of a part-time almoner then became feasible and was in fact arranged. The new arrangement works very smoothly.

Joint Consultative Committee for Staff

The chief activity of this Committee has been that of the Staff side in connection with patients' entertainments. Apart from the regular and popular internal broadcasting programmes, the Committee most successfully organised the celebrations on Coronation Day.

Physiotherapy

The department has remained very busy with both in-patients and out-patients. Mention should be made that a running course is arranged so that two student physiotherapists at a time under training at St. Thomas's Hospital are received here for practical training. There is mutual benefit in the arrangement.

Radiography

Application to the Regional Board for a new apparatus was made and approved after an inspection of the out-of-date existing apparatus. The new apparatus, a 200 m.a. unit with 26 R.A. tube and tubestand and latest type table, was installed during November and is very satisfactory. During the installation period full radiography service was maintained with adaptability and co-operation of all concerned.

Occupational Therapy

There was an increase in the number of patients attending the department in the year. The re-union party brought more ex-

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patients than ever before and seems increasingly popular. A new departure this year was an exhibition of weaving done by the patients at the Pyrford Annual Flower Show, which promoted local interest.

Special School

The chief work of the school has been, as always, the attempt to continue in hospital the education which each boy and girl would have been receiving at his or her particular type of school. Other activities included the daily opening of the school branch of the Surrey County Library (some 300 books were read in the year), the weekly following of several series of school broadcasts, a weekly film show through the winter, a termly Sunday afternoon when parents are shown the children's work, a Saturday sports afternoon, and talks by a Gold Coast nurse in her native dress, and by a policeman. Two pupils each passed the General Certificate of Education in two subjects and two passed elementary R.S.A. in one subject each.

Chapel

During the year the Rev. R. M. Wilson resigned and the difficulty of getting a part-time Chaplain was once again a problem. Fortunately, the Rev. R. G. Wells, Vicar of Ripley, agreed to do the duties, at least for the time being, with the result that all Chapel activities have continued satisfactorily in the period, although Mr. Wells has informed us that he would be unable to continue the duties permanently.

Much useful help was again received from the local branches of the British Red Cross and St. John Ambulance Brigade.

Finance, Costs, Etc. (The figures in italics refer to the previous year and are for comparison).

The total net cost of running the hospital including surgeons', etc., salaries paid by the Regional Board directly, was £112,757 (£108,423).

This was equivalent to £13 16s. 9d. per patient per week (£13 14s. 0d.) after adjustment to allow for the cost of out-patients.

The average cost of each in-patient treated was £73 5s. 0d. (£83 17s. 9d.)

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Basins with hot and cold water supplies were installed in 11 sisters' bedrooms at St. Nicholas.

Equipment, Etc.

Although economy was chiefly the order of the day, it was found possible to replace the old motor mower, the fire fighting equipment was modernised by the installation of hose reels readily usable by all, the dish-washing machine at St. Nicholas was replaced and the metal runner wheels on ward cubicle curtains were replaced by fibre ones which, being noiseless, add greatly to the comfort of the patients.

A substantial purchase of linoleum was made towards the aim of floor covering for all staff bedrooms.

Gifts, Donations, Etc.

Numerous gifts and donations were gratefully received from individuals and from communities. Special mention may be made of a gift from the former Byfleet Nursing Association which, on being wound up, decided to give us the remaining balance of their funds for any specific and agreed purpose. At the time some difficulty had been experienced with our own cinema apparatus used to provide programmes on the wards and we were using a borrowed machine, so it was agreed that the gift would be used to purchase a completely new and up-to-date apparatus with all ancillary equipment and there was also sufficient to buy the hired machine for a stand-by. To inaugurate the new apparatus representatives of the Nursing Association and members of the Hospital Management Committee attended an exhibition of the film "Bambi" on the Children's Ward, followed by a party. The regular weekly shows on the wards are all the more appreciated because of the high quality performance of the new apparatus.

Other Amenities

Renewed thanks are due to the devoted and regular band of voluntary workers for the continuance of a visiting service to the wards of a hospital library service and of a travelling "shop" with postage stamps and stationery, toilet requisites, cigarettes, etc. A small profit which is earned by the latter is held at the disposal of the hospital for amenity purposes.

We are equally grateful too, to those helpers who run the buffet at St. Nicholas, providing light refreshments on out-patients and visiting days.

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The average weekly cost for food was £1 5s. 3d. (£1 4s. 4d.)

Principal elements of the expenditure were:—

	£	£
Salaries and wages	72,139	69,123
Provisions	18,076	17,200
Drugs, dressings, instruments and appliances	7,962	6,824
Fuel, light, water	7,938	7,373
Maintenance of buildings, plant and grounds (normal)	6,422	5,428
Extraordinary expenditure (mostly maintenance of buildings)	1,711	3,499
Domestic repairs, renewals and upkeep including laundry	5,690	6,294 (adjusted)
Amount recovered (mostly from staff for board and lodging)	11,953	12,276

It will be noted that expenditure under most headings has increased excepting Domestic Renewals and Maintenance of Buildings, normal and extraordinary headings, which may be considered together, and these latter reflect the decreased tempo of the programme of complete internal and external redecoration which was commenced in 1950.

Redecorations, Adaptations, Etc.

The general programme of redecorations was virtually completed during the year. Among some minor works of adaptation and improvement was the provision of a sisters' sitting room which was achieved by the restoring of a large room which had been partitioned off for staff cubicles. The furnishing of this room was a gift. It was also found desirable and practicable to cubicle two spaces of the Staff Sick Floor to provide one for isolation purposes and the other for a surgery for Dr. Hardy, our visiting medical officer. His former surgery now reverts to its correct use as a staff bedroom. The re-arrangement is very successful.

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MEDICAL STATISTICS

(1952/53 figures in italics)

IN-PATIENTS	1953/4	1952/3
No. of patients admitted to the hospital in the period	1,484	1,287
No. of discharges	1,485	1,238
No. of deaths	14	10
Average daily bed occupancy	151	146
Average length of stay per patient	37 days	43 days
OUT-PATIENTS		
Attendances (including 997 new patients) totalled	4,512	3,775
X-RAY DEPT.		
Total No. of in-patients X-rayed 1,725 (1,380)	3,662	3,048
" " out-patients X-rayed 1,897 (1,668)		
PHYSIOTHERAPY DEPT.		
Total No. in-patient treatments 46,858 (38,570)	50,685	42,240
" " out-patient treatments 3,827 (3,670)		
(Note: 1952/3 figures are not strictly comparable because of a change in the basis of assessment.)		
APPLIANCES		
Surgical appliances made in Splint Shop for in-patients	420	422
" " " " " " out-patients	474	408
" " for patients made by outside agencies	191	172
No of plaster boots made	21	48

OPERATIONS FROM 1/4/53 to 31/3/54

Amputations	Total
Fingers	11
Leg (b/k)	3
Toes	13
Secondary Suture of Amputation Stump	2
Arthrodeses	
Shoulder:	
For T.B.	1

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		Total
Spine:		
	For p.i.d.	3
	For scoliosis	4
	For T.B.	10
Wrist:		
	For Volkmanns	1
	For O.A.	1
	For fractured scaphoid	1
Carpometacarpal joint:		
	For O.A.	2
Hip:		
	For O.A.	2
	For infective arthritis	1
	For T.B.	2
	For old C.D.H.	1
Sacro-iliac joint:		
	For T.B.	1
Knee:		
	For T.B.	1
	For O.A.	3
	For rheumatoid arthritis	2
Subastragaloid-mid tarsal joint:		
	For spastic diplegia	1
	For polio	2
	For muscle atrophy	1
	For Charcot's disease	1
	For spasmodic pes planus	2
Arthroplasty		
Hip:		
	Judet	7
	Gap	6
	Revision	1
Biopsies		17
Operations for Congenital Deformities		
For C.D.H.:		
	Open corrections	7
	Adductor tenotomy	1
For T.E.V.:		
	Wedge tarsectomy	4
For spina bifida:		
	Exploration of spine	1

		Total
Wrist:		
	For I.D.K.	44
	For old G.S.W.	1
	For fixed flexion deformity	4
Ankle:		
	For old Potts fracture	4
	For torn tendo-Achilles	1
	For recurrent sprain	3
	Other causes	5
Elbow:		
	For dislocation	4
Subastragaloid-mid tarsal:		
	For spasmodic pes planus	3
Operations for Dupuytren's Contracture		13
Excision of Bursae, Ganglia, etc.		28
Excision of Bone		
	Exostoses	22
	Coccyx	2
	Patella	5
	Calcaneal spur	2
	Rib	1
Operations on Toes		
	Spokeshave	27
	Keller	20
	Mayo	28
	Reconstruction of hallux	6
	Straightening of toes	49
	Removal of neuroma	1
	Removal of 2nd m/t head for Freiburg's	1
	Capulotomy	1
	Ingrowing toenails	5
Operations on Tendons		
	Tenodesis	1
	Exploration	5
	Tendon sutures	16
	Incision of tendon sheath	29
	Tendon transplants	13
	Elongation of tendo-Achilles	2
	Tenotomies (other than of toes)	5

		Total
Operations for Coxa Vara		1
Exploration of Joint		
Elbow:		
	For tennis elbow	1
	For olecranon bursa	1
	For loose bodies	2
Knee:		
	For torn I.S.C.	55
	For torn E.S.C.	12
	For loose bodies lateral	4
	For torn internal lateral ligament	2
	For osteochondritis	1
	For T.B. bursitis	1
	For cyst of E.S.C.	2
Ankle:		
	For osteomyelitis	1
Wrist:		
	Exploration of median nerve	3
Laminectomy		15
Operations on Nerves		
	Exploration of radial nerve	1
	Exploration of median nerve	4
	Ulnar nerve transplant	3
	Neurectomy	1
	Exploration of post interosseus	1
	Division of sciatic nerve	1
Miscellaneous Procedures		151
	(Removal of clamps, wires, screws, pins, sutures, plaster, etc. U.A. Insertion of Steinmann pins. Insertion of catheter.)	151
Manipulations		
Shoulder:		
	For dislocation	4
Finger:		
	For dislocation	2
Spine:		
	For displaced disc	5
Hip:		
	For C.D.H.	3
	For O.A.	2
	For dislocation	1

		Total
Open Operation on Fractures		
Elbow (fracture dislocation)		2
Olecranon		7
Radius		1
Ulna		1
Carpus		1
Finger		1
Spine		1
Femur (neck)		45
Femur (shaft)		5
Tibia and fibula		4
Patella		2
Ankle		7
Closed Operations on Fractures		
Olecranon		1
Humerus		21
Clavicle		1
Radius		5
Radius and ulna		14
Radius and ulna (Colles)		42
Scaphoid		2
Femur — shaft		3
Tibia and fibula		18
Tibia		4
Ankle		11
Fibula		1
Osteotomy		
Humerus		1
Femur		4
Tibia		1
Operations for Recurrent Dislocation		
Shoulder		1
Removal of Compound Palmar Ganglion		1
Suturing of Wounds		20
Removal of Foreign Bodies		2
Transverse Colostomy		1
Sequestrectomy		2
Excision of Scar		2
Skin Grafts		8
For Varicose Veins		1

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