

THE ROWLEY BRISTOW GROUP
HOSPITAL MANAGEMENT COMMITTEE
(South-West Metropolitan Region—Group No. 16)

THE ROWLEY BRISTOW
ORTHOPÆDIC HOSPITAL
PYRFORD, NR. WOKING, SURREY

EIGHTH REPORT
For the period
April 1st, 1957 — March 31st, 1959

HERITAGE WALKS ARCHIVE DOCUMENT

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HOSPITAL MANAGEMENT COMMITTEE
(as at date of publication)

*Chairman and
Chairman of Finance Committee:*
†G. H. H. COCKRAM, ESQ., M.A.(OXON.)

Vice-Chairman
H. F. BLANDFORD, ESQ.

Other Members:
*A. G. APLEY, ESQ., F.R.C.S.
ESQ. J. H. D. BENNETT, C.B.E.
†MRS. F. ROWLEY BRISTOW
H. S. CAWSEY, ESQ., J.P., C.A.
*R. J. FURLONG, ESQ., F.R.C.S.
MRS. E. LEACH, M.B.E., J.P.
C. A. G. MCLAGAN, ESQ.
MRS. M. MITCHELL
*G. PERKINS, ESQ., M.C., M.A., M.CH.(OXON.), F.R.C.S.
MRS. P. K. PILCHER
*F. A. SIMMONDS, ESQ., F.R.C.S.
†MRS. M. G. SYNOE
†W. R. VAUGHAN, ESQ., O.B.E.
† Signifies Governor of Hospital Special School.
* .. Member of Medical Advisory Committee.

Chairman of Medical Advisory Committee:
G. PERKINS, ESQ., M.C., M.A., M.CH.(OXON.), F.R.C.S.

Consultant and Senior Medical and Surgical Staff:
R. J. FURLONG, M.B., B.S., F.R.C.S.
F. A. SIMMONDS, M.B., B.CH.(GANTAR), F.R.C.S.
A. G. APLEY, M.B., B.S., F.R.C.S.

Honorary Consultant:
G. PERKINS, ESQ., M.C., M.A., M.CH.(OXON.), F.R.C.S.

Consultant Anaesthetists:
DR. J. GORDON, M.A., F.F.A.R.C.S., D.A.
DR. EILEEN McC. GIBSON, M.B., B.CH., B.A.O., F.F.A.R.C.S., D.A.

Senior Registrar:
G. HADFIELD, ESQ., F.R.C.S.

Registrar:
D. M. RITCHIE, ESQ., M.B., B.S.

Senior House Officers:
Three Resident.

Medical Officer:
DR. T. T. HARDY, B.M., B.CH.(OXON.)

Dental Surgeon:
O. P. O. CROSS, ESQ., L.D.S., R.C.S.(ENG.)

Matron:
MISS E. M. GUY, S.R.N.

Chaplain:
THE REV. G. R. WELLS, A.R.C.
Secretary/Finance/Supplies Officer:
R. McL. CLARK, ESQ., A.H.A.

FOREWORD

At the end of 1957, Doctor V. Godsalve Ward resigned from the Chairmanship of the Hospital Management Committee after thirteen years of service in that capacity. We have honoured ourselves by linking his name with one of the wards, now being called "V.G." Ward. We often see him in the hospital, and I am indeed grateful not only for the interest he continues to take in all our activities, but also for the advice he is ever ready to give me.

The attached report indicates that the hospital has been continuously busy in all its work; the out-patients department in particular has been over-crowded at all its sessions and I am glad to say that its rebuilding is now complete.

The sudden death of our former secretary, Mr. A. R. Newton, was a severe loss to the hospital he had so faithfully served. He was a most loyal officer and had proved of immense help to me.

In conclusion, I would like to thank the Committee and all hospital officers for their unflinching help at all times.

G. H. H. COCKRAM,

Chairman.

November, 1959.

Resignation of Dr. Ward

Dr. Ward's resignation was received in December, 1957, with great regret. Dr. Ward had been connected with the hospital for very many years. Since 1944 he had been Chairman of the former Committee of Management and was appointed Chairman of the newly formed Hospital Management Committee in 1950 when the hospital was transferred to the Ministry of Health.

Appointment of New Chairman and Vice-Chairman

The Vice-Chairman, Mr. G. H. H. Cockram, who is also Chairman of the Finance Committee, was appointed to succeed Dr. Ward, and Mr. H. F. Blandford was elected Vice-Chairman.

Senior Medical Staff

We are happy to report that Mr. G. Perkins has been appointed Emeritus Consulting Surgeon to this hospital on his retirement from St. Thomas's Hospital and London University.

The teaching of students has continued and in addition to the post-graduate course held twice a year, undergraduates from King's College Hospital have visited the hospital.

Publications included two books, one entitled "Fractures" by G. Perkins, and the other entitled "A system of orthopaedics and fractures" by A. Graham Apley. An article on "The diagnosis of the Ruptured Achilles Tendon" by F. A. Simmonds was published in *The Practitioner*.

Nursing Staff

Staffing has not been as difficult as expected and it has been possible to maintain the hospital complement of 200 staffed beds. Forty-three student nurses entered during the period, 32 of whom completed their training.

EXAMINATION RESULTS

Orthopaedic Nursing Certificate: 36 entrants passed, 6 of whom were trained nurses.

Preliminary State Examination: 19 entrants passed.

Of those student nurses who completed their training here:

7	continued training at St. George's Hospital
8	" " " St. Thomas's Hospital
12	" " " Charing Cross Hospital
3	" " " West London Hospital
1	" " " Guy's Hospital
1	" " " King Edward VII Hospital, Windsor

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EIGHTH REPORT

FOR THE PERIOD

1st APRIL, 1957 — 31st MARCH, 1959

PATIENTS

In-Patients

The average daily number for the period was 139, a figure slightly less than in 1956/57 (146.5). The reason for the fall is the much smaller occupancy of the children's wards, a state of affairs general throughout the country.

Although bed occupancy is lower the work of the hospital is growing year by year, for discharges number 2,043 in 1958/59 as against 1,951 for 1957/58 and 1,578 for 1956/57.

Out-Patients

Attendances are again higher and the inadequacy of the accommodation, particularly waiting rooms for patients, is a problem. Schemes have been suggested for a new building. In the meantime we are grateful to the Regional Hospital Board for enlarging the existing department.

Statistics relating to patients appear at the end of this report. In-patients, out-patients and attendances in the ancillary departments are steadily increasing.

Committee Membership

Mr. A. H. Clarke retired from the H.M.C. in March, 1957, on moving away from the district and Brigadier J. H. D. Bennett was appointed to the vacancy. The Committee would like to express their appreciation for the help and valuable service which Mr. Clarke gave to the hospital.

The two remaining vacancies were filled by Mrs. P. K. Pilcher and Mr. A. G. Apley.

The following members completed their terms of office during the period under review and all were re-appointed by the Board:—

Mr. G. H. H. Cockram	Mrs. M. Mitchiner
Brig. J. H. D. Bennett	Mr. G. Perkins
Mrs. F. Rowley Bristow	Mrs. M. G. Syngé
Mr. R. J. Furlong	Mr. W. R. Vaughan
Mrs. E. Leach	

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The nurses again entered for the *Nursing Times* Tennis Cup on two occasions and each time reached the second round.

Physiotherapy Department

The department continues to be very busy with a further increase in the number of recent injuries, and of patients with disc lesions. The two traction apparatus are in almost constant use. Although there have been fewer cases of poliomyelitis, and the greater number of these were adults, the swimming pool remains a valuable adjunct to the work of the department.

During the period under review staffing has on the whole been satisfactory. St. Thomas's physiotherapy students in their final term continued to work in the department and the scheme is mutually advantageous. During their fortnight's stay the students help in the treatment of patients and at the same time learn something of orthopaedic work.

Occupational Therapy

This year has seen a new development in the formation of a small kitchen unit where permanently disabled patients can be helped to overcome some of their difficulties in daily living. The erection of a "table tennis" table in another section of the hut has proved valuable for remedial work with poliomyelitis patients.

A new type of overhead bed table has been acquired and has proved valuable for patients who have to remain lying flat for some time. On the same principle the staff have been able to make and adapt tapestry and rug frames to increase the variety of occupational work available for prone patients.

Miss Kenning has replaced Mrs. Pickersgill as art therapist and as well as teaching patients who wish to paint she has interested both those and others in many aspects of art.

Almoner

The department has benefited from the assistance of an additional clerk. This addition has relieved the almoner of many routine duties so that she is able to give more time to patients. The many problems associated with patients' resettlement fall to the lot of the almoner and there is continual liaison with the Disablement Resettlement Officer of the Ministry of Labour and similar organisations. Difficulty is experienced in obtaining admissions of handicapped children to residential schools and there is a long waiting list. Accommodation for the aged chronic sick who cannot be cared for at home is also difficult to obtain, and patients often remain longer in hospital as a consequence.

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Ancillary Staff

Shortage of staff remains a problem, but fortunately it has not been quite so acute lately because many vacancies are being filled by part-time workers.

Special School

On the retirement of Dr. Ward, Mr. Cockram was appointed to represent the Hospital Management Committee on the Board of Governors.

The school, under the aegis of the Surrey County Council Education Committee, endeavour (i) to provide the children under school age with some substitute for what they would ordinarily be given in their homes; (ii) to continue while in hospital each school-child's own particular type of education; (iii) to encourage any boy or girl who has been unable to finish off a school course to do so during the stay in hospital.

Additionally, the hospital has had the services of students from the Froebel Institute during the summer vacations.

Chapel

The hospital received with regret the resignation due to ill health of the Rev. R. T. Ingram-Johnson, who had been Church of England chaplain since June, 1954. The Rev. G. E. Meek, Rector of Byfleet, took over the duties in October, 1957, but had to resign in September, 1958, on obtaining a living in South Staffordshire. The opportunity cannot be missed of expressing our appreciation to both these chaplains for their valuable work.

The Rev. G. R. Wells, Vicar of Ripley, was appointed to succeed the Rev. G. E. Meek. An extract from his report states: "The usual chapel services have been continued, Evensong being conducted each Sunday evening, as well as one weekly celebration of Holy Communion at 8 a.m. and a monthly one at 6.30 a.m. With the help of members of the nursing staff in supporting these services it has been possible to continue the relay of Evensong from the chapel to the wards and in many instances it has been possible to take Communion to patients in the wards."

"Our organist, Mr. Rowland, continued his valued service on Sunday evenings; we are most grateful for this and particularly for the additional help he has given to the hospital by arranging for the Albury Church Choir to sing in the chapel."

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It was mentioned in the last Report that an experimental start was made for the making of moulded splints of plastic material for which purpose an electrically heated oven was constructed on the premises at a cost of £50. From experiments conducted during the period and the experience gained a very useful service to patients has resulted. Splints are produced with a minimum of delay and the time factor has been considerably reduced.

Kitchens

Two electric potato peeling machines were provided, one for each kitchen.

Maintenance of Grounds

The two hard tennis courts for the use of staff were re-surfaced.

Catering

It has become increasingly difficult to recruit kitchen staff. Accordingly, the whole of the catering is now being undertaken by an outside firm. As a consequence, patients have been provided with a better evening meal, and the night nursing staff now have a hot meal cooked for them during the night.

Engineering Services

Without adequate steam the hospital could not function at all, and although very much behind the scenes, the engineering staff under the guidance of Mr. W. Greening have been able, despite adversities, to maintain the hospital's essential services.

Re-naming of Wards

Of the seven wards in the hospital there remained two to be re-named and on the retirement of Dr. Ward it was decided that 'Top Hat', a ward in which he had always taken such an interest, should be re-named in his honour "V.G.," being his initials by which he is affectionately known to so many. At the same time Men's Ward was re-named "Perkins" in honour of Professor George Perkins, an honorary surgeon to the hospital for many years and our present Emeritus Consulting Surgeon.

Voluntary Help

Once more we are indebted to all the voluntary helpers who give so readily so much of their time to the hospital; particularly to those who operate the trolley service, the library service and the refreshment buffet for out-patients. Our thanks are also due to members of the St. John Ambulance Brigade and the British Red Cross Society for their valuable help on several occasions during the year.

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Other Religious Activities

The Rev. L. H. Fraser had to resign his appointment as chaplain to patients of the Free Church denominations on his moving to another district and he was succeeded by the Rev. F. Shield, of Woking.

Father Sullivan continues to minister to the spiritual needs of the Roman Catholic patients and staff.

BUILDINGS: Adaptations and Maintenance

Many useful and necessary schemes of work have been carried out during the period.

Corridor Floor—St. Nicholas

This floor was completely re-laid in a hardwood strip finished with a non-slip sealing compound.

Fire Precautions

An audible fire alarm system was installed in St. Martin's by the Regional Hospital Board, and supplementary fire precautions consisting of minor adaptations to Leila Ward and the Nurses' Home corridor were also carried out.

Leila Ward

This ward has been re-decorated and re-curtained. The colour scheme is most pleasing in cream and pale green with cot covers depicting characters in nursery rhymes. This has been made possible through the legacy of the late J. W. Revillon, Esq., the receipt of which was mentioned in the 1955/56 report.

Perkins Ward

This ward was re-decorated and "Lacnite" panelling provided throughout.

Syringe Service

A scheme for dry sterilisation of syringes centrally was brought into use and all concerned find it useful.

Furniture, etc.

New furniture, rugs and linoleum were provided for the sisters' bedrooms, and a further 20 Dunlopillo mattresses were bought for the wards.

Splint Shop

Mr. W. Howard, foreman in charge since 1944, retired in September, 1957. He was extremely popular with both patients and staff and a presentation was made to him on his retirement. His successor is Mr. K. Church.

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Entertainments

Mr. R. Smith, electrician, has continued throughout the period to give a Patients' Request programme of gramophone records over the hospital's radio, and during the winter months has shown an up-to-date programme of films on the wards.

Gifts and Donations

The hospital has received numerous gifts and donations including from the Hospital Trolley Fund, two television sets (replacements), and £25 for the Samaritan Fund.

Supplies

During the period under review advantage was taken of the opportunity of extending the hospital's interest in the Inter-Hospital Group contracting schemes. Very wide and varied contracts have been effected which include many day-to-day items! This has saved a considerable sum of money. Other pilot schemes of contracting are being considered and whenever practicable local joint contracts are made. The Area Local Joint Contracting Committee are continually reviewing this valuable aspect of their work.

Death of Secretary

It is with deep regret that we have to record the sudden death of the Secretary, Mr. A. R. Newton, on 29th March, 1958. After being secretary at King George V Hospital, Milford, Mr. Newton joined this hospital in 1942, when it belonged to the Church of England Children's Society. His early service with the hospital was during the difficult war years. We should like to place on record our appreciation for all Mr. Newton's work for the hospital during the many years he was associated with it.

Appointment of New Secretary

The Hospital Management Committee appointed Mr. R. McL. Clark as its Secretary in June, 1958, Mr. Clark having had previous experience at the Worthing, Charing Cross, and West London Hospitals.

Future Plans

It is an axiom of any administration, whether it be a hospital, school or workshop, that it must keep abreast of developments which may affect it, and a hospital itself is no exception to this rule.

The recent advances in medical science affect many aspects of a hospital's work. Really established and tried methods are now found to be inadequate, this being particularly evinced by the

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various reports which have been issued by the Central Health Services Council, (for example: "Staphylococcal infections in hospitals," "Welfare of children in hospitals," etc.) The ramifications of the recommendations contained in some of these reports are extremely formidable, and can only be implemented over a period of time and at great cost.

However, all these and many other aspects of the hospital's work are being studied with a view to ensuring that the Hospital keeps abreast of the times.

The following indicate the line of policy being adopted by the Hospital Management Committee in order to keep the hospital up-to-date:—

- (1) The installation of a new high vacuum autoclave linked with a central sterilisation service;
- (2) Laundry improvements to obviate the sluicing of laundry on the wards;
- (3) Improving the ward services, e.g. separation of bathroom and sluice room from sterilising room, etc.
- (4) Improving the accommodation for student nurses;
- (5) Investigating the steam services with a view to provide better sterilising and other facilities;
- (6) Improving the supply of electricity, and re-wiring.

Some of these schemes must be contingent upon the availability of finance and unfortunately it will be some time before any one scheme can be completed. However, the Management Committee would like to place on record the appreciation of the Regional Hospital Board of our problems. Their desire to help us is evinced by the Out-patient Department extension, sterilising and laundry facilities and the electrical up-grading! Let us hope that before long planning permission will be given to some of the other outstanding items.

MAINTENANCE COSTS

It is difficult for the period under review to give comparative details of expenditure as against previous years, because the Ministry of Health has introduced new costing procedures. The net cost of running the hospital has increased mainly through the impact of various salary and wage awards and also under the heading of

"Appliances." The hospital has to meet the full cost of the provision of appliances for patients.

The principal elements of expenditure are shown below:—

	1957/8	1958/9
	£	£
Salaries and wages	82,838	89,106
Provisions	20,124	20,086
Drugs, dressings, instruments, appliances, including X-ray	12,218	13,334
Fuel, light, power, water, laundry, cleaning	14,162	13,560
Maintenance of buildings, plant and grounds	6,288	6,881
Domestic repairs and renewals	3,286	2,134
Rent, rates, etc.	2,513	2,427
Printing, stationery, postage, telephones	2,118	2,258
INCOME AND CREDIT		
Amount recovered (mostly from staff board and lodging charges)	12,164	11,754
From private patients	2,453	3,001
The average number of staff and patients fed daily was	247	239

MEDICAL STATISTICS

	1958/9	1957/8	1956/7
IN-PATIENTS			
No. of discharges	2,043	1,951	1,878
Average daily occupancy	128.7	140	146.5
Average length of stay per patient	25 days	26 days	34 days
OUT-PATIENTS			
Attendances: New patients	1,160	1,170	1,227
Old patients	6,082	6,132	5,404
CASUALTIES			
Total No. of in-patients X-rayed	4,874	4,175	3,898
Total No. of out-patients X-rayed	7,875	7,239	5,988
PHYSIOTHERAPY DEPT.			
Units of in-patient treatment	43,253	40,536	51,080
Units of out-patient treatment	17,286	14,876	11,538

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OPERATIONS FROM 1/4/57 to 31/3/59

	Total	Total Previous Year
Amputations		
Leg (A/K)	1	
Leg (B/K)	4	
Fingers	7	
Toes	30	42
Arthrodesis		
Shoulder	1	
Metacarpal-carpal of thumb	3	
Spine	34	
Hip	19	
Knee	6	
Ankle	6	
Wedge tarsectomy	4	
Substragaloid mid-tarsal	8	
Fingers	3	
Great Toes	12	
Wrist	1	97
Arthroplasty		
Hip (Cups and Moore's)	46	
Girdlestone operation	2	
Finger	1	
Removal of Moore's prosthesis	1	
Excision of trapezium	3	53
Biopsy		
	49	49
Operations for Congenital Deformities		
For C.D.H.—open	4	
For C.D.H.—closed manipulation	10	
For T.E.V.	6	
For metatarsus varus	2	22
Exploration of Joint		
Shoulder	2	
Knee (including operations on semi-lunar cartilages)	102	
Hip	1	
Elbow	4	
Wrist	4	
Sacro-iliac	1	
Ankle	7	
Open reduction for slipping of upper femoral epiphysis	5	
Removal of loose bodies		
Knee	19	
Elbow	4	
Stapling knee	4	155
Laminectomy		
	43	43
Drainage of Abscess		
	8	8
Operation on Nerves		
Carpal tunnel syndrome	96	
Antero-lateral decompression	2	

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	Total	Total Previous Year
Exploration of digital nerve	4	
Exploration of ulnar nerve	7	
Exploration of ulnar nerve	10	
Exploration of lateral cutaneous nerve of thigh	2	
Excision of prepatella neuroma	1	
Excision digital nerve of foot	6	
Obturator neurectomy	1	
Suture medial nerve	1	130
Miscellaneous Procedures (Removal of clamps, wires, screws, pins, sutures, etc. Insertion of skeletal traction pins. Minor wound sutures U.A.)	279	163
Manipulations		
Shoulder	41	
Wrist	20	
Fingers and thumb	8	
Spine	29	
Hip	72	
Knee	189	
Ankle	61	
Elbow	3	
Feet	20	
M.U.A. unspecified location	43	486
Operations on Dupuytren's Contracture		
	8	8
Excision of Bursae and Gangliae		
	60	60
Excision of Bone		
Patella	36	
Rib	6	
Head of radius	5	
Olecranon	1	
Exostosis	31	
Coccyx	4	
Heel knobs	13	
Calcaneo-navicular bar	2	
Sesamoidectomy	1	
Radial styloidectomy	3	102
Operations on Toes		
Keller	67	
Mayo	59	
Spokeshave	59	
Reconstruction of Hallux	33	
Straightening of toes	134	
Ingrowing toe-nails	12	
Lambrinudi	9	
Peabody	1	
Excision of M.T. head	10	384
Operations on Tendons and Tendon Sheaths		
Tendon graft	1	
Recurrent disloc. peroneal tendons	1	
Suture	16	
Exploration	10	

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	Total	Total Previous Year
Transplant	32	
Elongation of tendo-achilles	9	
Repair of tendo-achilles	11	
Tenotomy (other than toes)	6	
Tenotomy of toes	9	
Repair of supraspinatus tendon	1	
De Quervain	23	
S.P.V. of thumb	4	
Division of tendon sheath (unspecified)	26	154 47
<i>Open Reduction on Recurrent dislocations</i>		
Shoulder	8	
Elbow	1	9 6
<i>Closed Reduction of Dislocation</i>		
Shoulder	20	
Elbow	9	
Thumb	6	
Metatarsals	1	
Finger	1	37 7
<i>Open Procedures on Fractures</i>		
Thumb	2	
Olecranon	7	
Radius	17	
Ulna	4	
Femoral neck	5	
Moore's pins	133	
Femoral shaft (Kuntchner nail)	14	
Tibia and fibula	22	
Sliding graft to tibia	5	
Ankle	19	
Capitellum	1	
Wiring of cervical vertebra	1	
Removal of bone plates, screws and staples	21	
Removal of S.P. pins	14	
Removal of Kuntchner nails	2	
Bone graft to Scaphoid	2	269 110
<i>Closed Operation on Fractures</i>		
Humerus	7	
Elbow	7	
Radius	24	
Radius and ulna	46	
Radius and ulna (Colles)	85	
Tibia and fibula	42	
Ankle	30	
Metacarpals	7	
Nose	2	
Femur	5	
Supracondylar fracture	18	
Internal fixation of os calcis	1	274 91
Osteotomy	20	20 10

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	Total	Total Previous Year
<i>Others</i>		
Extraction of teeth	1	
Open operation on sterno-mastoid	5	
Skin graft	10	
Excision of sinus	2	
Varicose veins	1	
Hernia	1	
Splenectomy	2	
Cardiac massage	1	
Suture of medial ligament of knee	2	25 34

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